



# WATER POLO CHECKLIST

## UNIFORMS & APPAREL

### Uniforms

- Competition Suits
- Sideline Parkas
- Team Bags

### TEAM APPAREL

- Practice Suits
- Warmups
- Sweatshirts
- Sweatpants
- Pullover/Hoodies
- Hats/Caps
- Knit Caps
- Slides
- Outwear

### COACH'S APPAREL

- Polos
- T-Shirts
- Pants
- Shoes
- Sweats/Hoodies
- Pullovers
- Jackets/Fleece

## MEET EQUIPMENT

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- Scoreboard
- Shot Clock
- Lane Lines
- Goals
- Deck Markers
- Balls
- Cap Stringers

### Practice Equipment

- Rebounder
- Ball Cart
- Floating Goals
- Goal Targets
- Medicine Balls
- Stretch Cordz (In-Water)
- Goalie Training Equipment
- Equipment Bag

### PLAYER GEAR

- Caps
- Mouthguards
- Towels
- Goggles
- Ear Guards
- Water Bottle

### POOL SAFETY

- Rescue Tube
- Spine Board
- Head Immobilizer
- Whistles
- Hip Packs
- Throw Buoy
- AED
- First Aid Kit

### COACH'S GEAR

- Whistles
- Lanyards
- Megaphone
- Stopwatch
- Clipboard
- Coach's Board

### HYDRATION

- Cooling Fans
- Drink Station
- Gatorade
- Heat Index Meter
- Water Bottles/Carriers
- Water Coolers